



NEWBORN CHECKLIST

CLOTHING

- Onesies (7-10)
- Shirts (with snap opening near the neck) (4-7)
- Pull Pants (4-7)
- One-piece Pajamas (3-5)
- Blanket Sleepers (1-2)
- Sweater or Jacket (1-2)
- Socks or Booties (2-3)
- Hats or Bonnets (2-3)
- Mittens (3-5)
- Swaddle or receiving blanket (3-5)
- Special Occasion Outfit (Going Home, Holidays)

DIAPER

- Disposable Diapers OR
- Cloth Diapers
- Changing Pad for Changing Table
- Diaper Cream or Ointment
- Unscented Baby Wipes or Small Cotton Clothes
- Diaper Pail
- Small Thermos (for babies < 6 weeks)

HEALTH

- Baby Thermometer
- Nasal Aspirator
- Baby Nail File and Nail Cutter
- Alcohol

TRAVEL

- Diaper Bag
- Changing Diaper Mat
- Plastic for Dirty Diaper
- Wet Bag for Cloth Diaper
- Car Seat
- Pram
- Baby Carrier

ENTERTAINMENT

- Toys (Rattle, large rings, squeeze toys)
- Books (Cloth Books, Board Books, Black, and white)

BATH

- Bath tub
- Baby Shampoo
- Baby Soap
- Wash Cloths (3-5)
- Soft Bath Towel with Hood (1-2)
- Cotton Buds
- Baby Lotion (optional)
- Soft Baby Brush or Comb

FEEDING

BREASTFEEDING

- Nursing Bra (3-5)
- Nipple Cream
- Nursing Cover (optional)
- Nursing Pads
- Breast Pump
- Storage Bottles/Bags
- Hands-free Breastfeeding Bra (optional)
- Breastfeeding Pillow (optional)

BOTTLEFEEDING

- Formula Milk – 1 can
- Bottles (4, 4 oz. bottles)
- Teats
- Milk Container
- Sterilizer (optional)
- Bottle Drying Rack (optional)

GENERAL

- Burp Pads (7-10)
- Bibs (3-4)

SLEEPING

- Crib and Mattress or Bassinet or Co-Sleeper
- Beddings (1-2)
- Baby Monitor
- Night Light
- White Noise Machine (optional)